



## Care you can count on.

The challenges of living with a disability may require caregivers to make difficult choices. Finding the right Adult Day program is only one choice. Easter Seals Adult Day Services is designed to preserve independence and enhance the quality of life of the participants and their caregivers.

### Programs

Adult Day Services are conducted in a friendly, supportive and positive atmosphere design to provide successful experiences for the participants in all areas of their lives. Caring, experienced staff provide services and training that promote health, safety, and increased opportunities for access, choice and inclusion in the community.

### Participants

Adult Day Service is open to adults with development disabilities who require assistance and supervision but wish to maintain their independence. This includes:

- Adults who benefit from person centered and structured programming
- Adults with developmental disabilities
- Adults that require supervision or assistance with activities of daily living
- Adults who require therapeutic structure, supervision and intervention due to cognitive impairments
- Adult whose family and/or caregivers need respite care

Admission is based on formal assessment of a potential participant's needs and interests.

### Benefits

Participants in Easter Seals Adult Day Services benefit from:

- Personalized care based on individual needs
- Increased involvement in their local community
- Opportunities to value relationships in the community
- Increased opportunities in community outreach work

Caregivers benefit from knowing their loved one is receiving the best possible care in a safe, home-like environment while they are working, running errands or taking a well-deserved break.

### Services

A variety of services are available for participants and caregivers including:

- Assistance with personal cares
- Medication administration
- Activities that are meaningful and purposeful
- Involvement in the community through outreach
- Computer access
- Health and wellness promotion
  1. Exercise sessions
  2. Education on healthy eating
  3. Oral hygiene
  4. Yoga

### Meals

Participants bring their own lunches and with staff's assistance help prepare their own lunches.

### Cost

The price of receiving care is determined on at full day participation. Easter Seals accepts CIP/ COP waivers, Family Care or private pay. For more pricing and funding information, contact us.

### Transportation

Participants are responsible for their own transportation arrangements. Contact us about the number of transportation services that are available in Kenosha and Racine.

### Days, Hours and Locations

Monday – Friday 7:30 a.m. – 2:30pm

Kenosha YMCA – Callahan Family Branch  
7101 53rd Street  
Kenosha, WI 53144

### Contact Information

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