

Please Note:

- *Full-court basketball is **ONLY** allowed during Adult Noon & Evening Basketball.*
- *Children & families are given priority during Family Gym.*

US Bank Field House Rules:

- No dunking or hanging on rims
- **RESPECT OTHERS! Foul language, fighting, rough play or trash talking WILL NOT be tolerated**
- No Spitting
- No Horseplay
- Shirts must be worn at all times
- Clean, dry, non-marking athletic shoes only
- Pick-up game rules **MUST** be followed
- Cross-court or half-court play is **REQUIRED**
- Coats, bags etc. should be kept in the locker room areas. Please remember to lock up your belongings and the YMCA is not responsible for lost or stolen items.

NO FOOD OR DRINK
IN THE GYM AREA

Gym Schedule for March 15 - May 2

MONDAYS			
Court 1 South-West	Court 2 North-West	Court 3 South-East	Court 4 North-East
OPEN GYM 5:00 am - 12:00 pm	OPEN GYM 5:00 am - 12:00 pm	OPEN GYM 5:00 am - 10:30 am	OPEN GYM 5:00 am - 10:30 am
		SCHOOL GYM CLASS 10:30 am - 11:30 am	
ADULT NOON BASKETBALL 12:00 pm - 2:00 pm <i>Ages 18 and over</i>		OPEN GYM 11:30 am - 2:00 pm	OPEN GYM 11:30 am - 9:00 pm
OPEN GYM 2:00 pm - 6:00 pm	OPEN GYM 2:00 pm - 8:00 pm	AFTERSCHOOL PROGRAM 2:00 - 6:00 pm	
FAMILY GYM 6:00 - 8:00 pm		YOUTH COED VOLLEYBALL 6:00 - 8:00 pm	
ADULT EVENING BASKETBALL 8:00 pm - 9:00 pm <i>Ages 16 and over</i>		OPEN GYM 8:00 - 9:00 PM	

TUESDAYS			
Court 1 South-West	Court 2 North-West	Court 3 South-East	Court 4 North-East
OPEN GYM 5:00 am - 12:00 pm	OPEN GYM 5:00 am - 12:00 pm	OPEN GYM 5:00 am - 2:00 pm	OPEN GYM 5:00 am - 4:00 pm
ADULT NOON BASKETBALL 12:00 pm - 2:00 pm <i>Ages 18 and over</i>			
OPEN GYM 2:00 pm - 5:00 pm	OPEN GYM 2:00 pm - 9:00 pm	AFTERSCHOOL PROGRAM 2:00 pm - 5:00 pm	INSTRUCT. BASKETBALL 4:00 pm - 7:00 pm
FAMILY GYM 5:00 pm - 7:00 pm		OPEN GYM 5:00 pm - 7:00 pm	
OPEN GYM 7:00 pm - 9:00 pm		ADULT CO-ED VOLLEYBALL 7:00 pm - 10:00 pm	

IMPORTANT INFORMATION & DATES:

Saturday, March 27th
All Courts Closed 8:00 am - 12:30 pm
for Breakfast with the Bunny & Healthy Kids Day

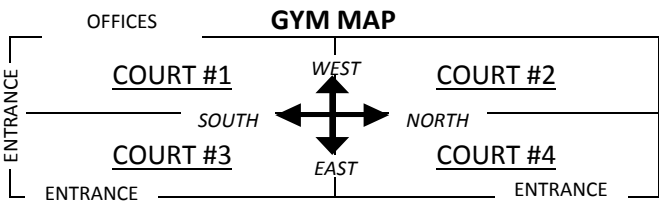
Saturday, April 12th
Courts 3 & 4 (east) Closed 4:00 pm - 8:00 pm
for Corporate Cup Challenge Kick-Off

Saturday, April 17th
Courts 3 & 4 (east) Closed 1:30 pm - 4:00 pm
for Wheel Chair Basketball Game

Schedules subject to change without notice.

WEDNESDAYS			
Court 1 South-West	Court 2 North-West	Court 3 South-East	Court 4 North-East
OPEN GYM 5:00 am - 12:00 pm	OPEN GYM 5:00 am - 9:00 pm	OPEN GYM 5:00 am - 8:00 am	OPEN GYM 5:00 am - 8:00 am
	PEE-WEE PE 9:00 am - 10:00 am	PAIDEIA PHY-ED 8:00 am - 12:00 pm	
	OPEN GYM 10:00 am - 12:00 pm	OPEN GYM 12:00 pm - 1:00 pm	OPEN GYM 12:00 pm - 2:00 pm
ADULT NOON BASKETBALL 12:00 pm - 2:00 pm <i>Ages 18 and over</i>		AFTERSCHOOL PROGRAM 1:00 - 5:00 pm	FAMILY GYM 2:00 pm - 7:00 pm
OPEN GYM 2:00 pm - 7:00 pm	OPEN GYM 2:00 pm - 7:00 pm	OPEN GYM 5:00 - 6:00 pm	
		WHEEL CHAIR BASKETBALL 6:00 pm - 7:00 pm	
ADULT EVENING BASKETBALL 7:00 pm - 9:00 pm <i>Ages 16 and over</i>		OPEN GYM 7:00 pm - 9:00 pm	OPEN GYM 7:00 pm - 9:00 pm

THURSDAYS			
Court 1 South-West	Court 2 North-West	Court 3 South-East	Court 4 North-East
OPEN GYM 5:00 am - 12:00 pm	OPEN GYM 5:00 am - 12:00 pm	OPEN GYM 5:00 am - 2:00 pm	OPEN GYM 5:00 am - 5:00 pm
ADULT NOON BASKETBALL 12:00 pm - 2:00 pm <i>Ages 18 and over</i>			
OPEN GYM 2:00 pm - 5:00 pm	OPEN GYM 2:00 pm - 9:00 pm	AFTERSCHOOL PROGRAM 2:00 pm - 5:00 pm	
FAMILY GYM 5:00 pm - 7:00 pm		MIDDLE SCHOOL SOCCER LEAGUE 5:00 pm - 7:00 pm	
OPEN GYM 7:00 pm - 9:00 pm		PICK-UP SOCCER 7:00 pm - 9:00 pm	



FRIDAYS			
Court 1 South-West	Court 2 North-West	Court 3 South-East	Court 4 North-East
OPEN GYM 5:00 am - 12:00 pm	OPEN GYM 5:00 am - 12:00 pm	OPEN GYM 5:00 am - 2:00 pm	OPEN GYM 5:00 am - 6:00 pm
ADULT NOON BASKETBALL 12:00 pm - 2:00 pm <i>Ages 18 and over</i>			
OPEN GYM 2:00 pm - 4:00 pm	OPEN GYM 2:00 pm - 4:00 pm	AFTERSCHOOL PROGRAM 2:00 pm - 5:00 pm	
ADULT EVENING BASKETBALL 4:00 pm - 6:00 pm <i>Ages 16 and over</i>		OPEN GYM 5:00 - 6:00 pm	
FAMILY GYM 6:00 pm - 9:00 pm	OPEN GYM 6:00 pm - 9:00 pm	RESERVED - SPECIAL EVENTS <i>(Teen Night or ARC)</i> 6:00 pm - 10:00 pm	

SATURDAYS			
Court 1 South-West	Court 2 North-West	Court 3 South-East	Court 4 North-East
OPEN GYM 6:00 am - 1:00 pm	OPEN GYM 6:00 am - 3:30 pm	OPEN GYM 6:00 am - 9:00 am	OPEN GYM 6:00 am - 9:00 am
		YOUTH SOCCER LEAGUE 9:00 am - 12:00 pm	
FAMILY GYM 1:00 pm - 3:30 pm		OPEN GYM 12:00 pm - 5:00 pm	OPEN GYM 12:00 pm - 5:00 pm
ADULT EVENING BASKETBALL 3:30 pm - 5:00 pm <i>Ages 16 and over</i>		MEN'S SOCCER LEAGUE 5:00 pm - 9:00 pm	
YMCA CLOSED			

SUNDAYS			
Court 1 South-West	Court 2 North-West	Court 3 South-East	Court 4 North-East
OPEN GYM 9:00 am - 11:00 am	OPEN GYM 9:00 am - 11:00 am	RESERVED - RENTALS 9:00 am - 11:00 am	
ADULT NOON BASKETBALL 11:00 am - 1:00 pm <i>Ages 16 and over</i>		FAMILY GYM 11:00 pm - 3:00 pm	OPEN GYM 11:00 am - 1:00 pm
OPEN GYM 1:00 pm - 5:00 pm	OPEN GYM 1:00 pm - 5:00 pm	ADULT PICK-UP VOLLEYBALL 3:00 pm - 5:00 pm	INSTRUCT. BASKETBALL 1:00 pm - 4:00 pm
			OPEN GYM 4:00-5:00 pm
YMCA CLOSED		CO-ED VOLLEYBALL LEAGUE 5:00 pm - 9:00 pm	