

Lap Pool Schedule

January 4th - May 2nd



We build strong kids, strong families, strong communities.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OPEN SWIM 9:00am-5:00pm	OPEN SWIM 5:00am-9:00pm	OPEN SWIM 5:00am-9:00pm	OPEN SWIM 5:00am-9:00pm	OPEN SWIM 5:00am-9:00pm	OPEN SWIM 5:00am-9:00pm	OPEN SWIM 6:00am-5:00pm
						Partner Water Circuit 7:00am-8:00am
	Water Aerobics 8:00am-9:00am	Silver Splash 8:00am-9:00am	Water Aerobics 8:00am-9:00am	Silver Splash 8:00am-9:00am	Water Aerobics 8:00am-9:00am	
				Home School Lesson 9:00am-10:00am		
						Adaptive Sw. Lesson 9:45am-10:30am
						School Age Lesson 9:45am - 10:30am
						School Age Lesson 10:30am-11:15am
						School Age Lesson 11:15am-12:00pm
						Family Swim 12:00pm-3:00pm
Family Swim 2:00pm- 5:00pm	School Age Lesson 4:30pm- 5:15pm	Water Exercise 4:30pm-5:15pm		Water Exercise 4:30pm-5:15pm		
	School Age Lesson 5:15pm-6:00pm	School Age Lesson 5:15pm-6:00pm	School Age Lesson 5:15pm-6:00pm	School Age Lesson 5:15pm-6:00pm		
	Teen/Adult Swim Lessons 6:00pm-6:45pm	Adaptive Swim & School Age Lesson 6:00pm-6:45pm	Water Aerobics 6:15pm-7:15pm	School Age Lesson 6:00pm-6:45pm		
	Water Aerobics 6:15pm-7:15 pm			Triathlon Class 6:00pm-7:00pm		

* Class times subject to change

For a complete description of these and other YMCA classes please pick-up a Programmer or visit us on-line at www.kenoshaymca.org.

Pool is open during all facility hours. Lap lanes and open swim will always be available. Pool will be busier during designated class times.

Facility Hours: Monday - Friday 5:00 am - 9:00 pm
 Saturday 6:00 am - 5:00 pm
 Sunday 9:00 am - 5:00 pm

Last revised: 2/8/10

Instructional Pool Schedule



We build strong kids, strong families, strong communities.

January 4th - May 2nd

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN SWIM 9:00am-5:00pm	OPEN SWIM 8:00am-1:00pm & 4:00pm-9:00pm	OPEN SWIM 8:00am-1:00pm & 4:00pm-9:00pm	OPEN SWIM 8:00am-1:00pm & 4:00pm-9:00pm	OPEN SWIM 8:00am-1:00pm & 4:00pm-9:00pm	OPEN SWIM 8:00am-1:00pm & 4:00pm-9:00pm	OPEN SWIM 8:00am-5:00pm
		Arthritis Foundation Aqua Aerobics 7:00am-8:00am		Arthritis Foundation Aqua Aerobics 7:00am-8:00am		
	Arthritis Foundation 8:00am-9:00am		Arthritis Foundation 8:00am-9:00am		Arthritis Foundation 8:00am-9:00am	
		Parent/Child 9:00am-9:45am	Library Square School 9:30am-10:30am	Home School Swim 9:00am-10:00am	YMCA Preschool 9:30am-10:30am	Adaptive Swim & Parent / Child 9:00am-9:45am
	Dance, Tumble, Swim 10:00am-10:30am	Preschool Lessons 9:45am-10:30am		Dance, Tumble, Swim 10:00am-10:30am		Preschool Lessons 9:45am-10:30am
		Water Pi-Yo-Chi 10:30am-11:30am		Water Pi-Yo-Chi 10:30am-11:30am		Preschool Lessons 10:30am-11:15am
	Arthritis Foundation 11:00am-12:00pm		Arthritis Foundation 11:00am-12:00pm		Arthritis Foundation 11:00am-12:00pm	Preschool Lessons 11:15am-12:00pm
						Family Swim 12:00pm-3:00pm
Family Swim 2:00pm-5:00pm		Adaptive Swim & Parent/Child Swim Lessons 4:30pm-5:15pm				
	Preschool Swim Lessons 5:15pm-6:00pm	Preschool Swim Lessons 5:15pm-6:00pm	Preschool Swim Lessons 5:15pm-6:00pm	Preschool Swim Lessons 5:15pm-6:00pm		
	Parent / Child Lessons 6:00pm-6:45pm	Preschool Swim Lessons 6:00pm-6:45pm	Parent / Child Lessons 6:00pm-6:45pm	Preschool Swim Lessons 6:00pm-6:45pm		
	Arthritis Foundation 7:00pm-8:00pm	Family Swim 7:00pm-9:00pm	Arthritis Foundation 7:00pm-8:00pm	Family Swim 7:00pm-9:00pm	Family Swim 7:00pm-9:00pm	

* Class schedule subject to change

Open swimming is also available during class times.