



# GYM SCHEDULE

## February 27-April 30, 2017

	5:00 - 8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30	
<b>MONDAY</b>	Court 1	OPEN GYM								FULL-COURT BASKETBALL										OPEN GYM	YOUTH BASKETBALL			OPEN GYM			
	Court 2	OPEN GYM								FULL-COURT BASKETBALL										OPEN GYM	YOUTH BASKETBALL			OPEN GYM			
	Court 3	OPEN GYM		ES		YOUTH & FAMILY				OPEN GYM										FAMILY GYM			FAMILY PICKLEBALL				FULL-COURT BASKETBALL
	Court 4	OPEN GYM		ES		YOUTH & FAMILY				OPEN GYM										YOUTH & FAMILY			FAMILY PICKLEBALL				FULL-COURT BASKETBALL
<b>TUESDAY</b>	Court 1	OPEN GYM								FULL-COURT BASKETBALL										YOUTH OPEN SOCCER			OPEN SOCCER				
	Court 2	OPEN GYM								FULL-COURT BASKETBALL										YOUTH OPEN SOCCER			OPEN SOCCER				
	Court 3	OPEN GYM		ES		PICKLEBALL 16 Years and Older				OPEN GYM										FAMILY GYM			Southport Volleyball				
	Court 4	OPEN GYM		ES		PICKLEBALL 16 Years and Older				OPEN GYM										YOUTH & FAMILY			OPEN GYM				
<b>WEDNESDAY</b>	Court 1	OPEN GYM								FULL-COURT BASKETBALL										OPEN GYM							
	Court 2	OPEN GYM								FULL-COURT BASKETBALL										OPEN GYM							
	Court 3	OPEN GYM		ES		YOUTH & FAMILY				OPEN GYM										FAMILY GYM			Southport Volleyball				
	Court 4	OPEN GYM		ES		YOUTH & FAMILY				OPEN GYM										YOUTH & FAMILY			OPEN VOLLEYBALL				
<b>THURSDAY</b>	Court 1	OPEN GYM		Homeschool PE		YOUTH & FAMILY				FULL-COURT BASKETBALL										FAMILY GYM			OPEN GYM				
	Court 2	OPEN GYM		Homeschool PE		YOUTH & FAMILY				FULL-COURT BASKETBALL										FAMILY GYM			OPEN GYM				
	Court 3	OPEN GYM		ES		PICKLEBALL 16 Years and Older				OPEN GYM										YOUTH & FAMILY			ADULT COMPETITIVE VOLLEYBALL LEAGUE				
	Court 4	OPEN GYM		ES		PICKLEBALL 16 Years and Older				OPEN GYM										YOUTH & FAMILY			ADULT COMPETITIVE VOLLEYBALL LEAGUE				
<b>FRIDAY</b>	Court 1	OPEN GYM								FULL-COURT BASKETBALL										OPEN GYM							
	Court 2	OPEN GYM								FULL-COURT BASKETBALL										OPEN GYM							
	Court 3	OPEN GYM		ES		YOUTH & FAMILY				OPEN GYM										FAMILY GYM							
	Court 4	OPEN GYM		ES		YOUTH & FAMILY				OPEN GYM										FAMILY GYM							
<b>SATURDAY</b>	Court 1	OPEN GYM								FULL-COURT BASKETBALL										OPEN GYM							
	Court 2	OPEN GYM								FULL-COURT BASKETBALL										OPEN GYM							
	Court 3	OPEN GYM		YOUTH INSTRUCTIONAL SOCCER		YOUTH FLAG FOOTBALL				FAMILY GYM										OPEN GYM							
	Court 4	OPEN GYM		YOUTH INSTRUCTIONAL SOCCER		YOUTH FLAG FOOTBALL				FAMILY GYM										OPEN GYM							
<b>SUNDAY</b>	Court 1	OPEN GYM								FULL-COURT BASKETBALL										OPEN GYM							
	Court 2	OPEN GYM								FULL-COURT BASKETBALL										OPEN GYM							
	Court 3	OPEN GYM		FAMILY GYM		FAMILY PICKLEBALL				FAMILY GYM										OPEN VOLLEYBALL							
	Court 4	OPEN GYM		FAMILY GYM		FAMILY PICKLEBALL				FAMILY GYM										FAMILY GYM							

**OPEN GYM**  
This is a recreational time that may be used by any member or guest. Please be respectful of others who wish to share the space. **\*\*Cross-Court basketball only; NO Full-Court play**

**FAMILY GYM**  
Recreational time with priority given to our younger members, guests and families. **\*\*Please no Full-Court or Cross-Court basketball**

**FULL-COURT BASKETBALL**  
This time is reserved for members and guests to play full-court. Pick-up game rules must be followed.

**US BANK FIELD HOUSE RULES:**

- No dunking or hanging on rims
- RESPECT OTHERS! Foul language, fighting, rough play or trash talking WILL NOT be tolerated
- No Spitting
- No Horseplay
- Shirts must be worn at all times
- Clean, dry, non-marking athletic shoes only
- Pick-up game rules MUST be followed
- Coats, bags etc. should be kept in the locker room areas. Please remember to lock up your belongings and the YMCA is not responsible for lost or stolen items.

**WATER ONLY!**  
**NO OTHER FOOD**  
**OR DRINK IN**  
**THE GYM**

**KAC nights: Courts 3 & 4 will be closed from 5:30-9pm on March 10 & 24, April 7 & 21.**

**\*Gym schedule subject to change due to rentals.**