



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Job Posting

**Position:** Aquatic Fitness Instructor

**General Description:** Responsible for planning, coordinating and instructing assigned adult aquatic fitness classes while maintaining a safe and enjoyable atmosphere for class participants.

**Minimum Qualifications:**

- Must be at least 18 years of age
- Current American Red Cross CPR/AED for the Professional Rescuer and First Aid Certification preferred
- 1-3 years of group fitness experience preferred
- Certification pertaining to aquatic fitness, i.e. ACE, AEA, Silver Splash, Arthritis Aquatic Program, WaterinMotion® or degree in human anatomy, exercise science or related field.

**Knowledge and Skills:**

- Ability to instruct a class size ranging from 6 - 30 participants with varying ability levels.
- Ability to work independently and stay alert
- Ability to resolve issues in professional manner
- Knowledge and application of aquatic exercise principles
- Leadership and public relation skills
- Communication skills
- Decision-making skills

**Responsibilities:**

- Teach all classes as assigned during the session.
- Maintain positive public relations with participants; present a positive, friendly image; use excellent customer service skills; start and end class on time; get participant feedback.
- Adapt teaching approaches to the ages, experiences and abilities of participants so they can meet class objectives
- Provide for the health and safety of participants, including ensuring that all teaching and practice areas are free of hazards, and that materials and equipment are safe
- Demonstrate appropriate techniques; monitor exertion and intensity of workout
- Challenge, correct, and encourage participants; provide instruction on all aspects of fitness; provide a variety of exercises; give participants goals and positive feedback.
- Recognize and respond effectively in emergencies in accordance with facility emergency action plans
- An understanding of facility characteristics, rules, policies, and procedures
- Enforce all aquatics facility policies, rules, and regulations

**Salary Details:** Part Time \$8 to \$20 per hour

**How to Apply:** Submit resume (via email or postal) documenting experience with cover letter or complete application to address below. Applications may be found online at [www.kenoshaymca.org](http://www.kenoshaymca.org).

**Resumes and Applications Accepted:** Until filled

**Contact Information:** Stacy Storey, Aquatic and Sports Director  
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The Kenosha YMCA (Young Men's Christian Association) is a 501(c)(3) charitable organization under the Internal Revenue Code, thereby qualifying for maximum deductibility. An audit report will be provided upon request.

