



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Job Posting

Position: Personal Trainer

General Description:

Our fitness team is growing! The Kenosha YMCA is seeking dependable, energetic, motivated Personal Trainers to identify member's goals, create and implement customized plans, and provide exercise and wellness education to ensure maximum results!

Qualifications:

- B.S. in Exercise Science or health-related field (or enrolled) preferred
- Current Personal Training certification (ACSM, NSCA, NASM, ACE is preferred)
- Minimum of 6 months personal training experience preferred
- CPR/AED and First Aid certified
- Must practice a healthy lifestyle and exhibit excellent physical fitness
- Must have excellent leadership and motivational skills
- Must commit to the mission of the YMCA, and represent the core values of Caring, Honesty, Respect, and Responsibility
- Ability to maintain effective, positive public relations and provide exceptional customer service
- Good oral and written communication skills both one-on-one and in a group setting
- Ability to prepare, maintain, and present accurate reports and records
- Ability to use a computer for word processing, desktop publishing and reporting, or willingness to learn.
- A high sense of responsibility and initiative to work independently and productively without supervision
- Skilled in the proper use of the cardiovascular and resistance training equipment, as well as the ability to demonstrate it to members
- Must be able to stand for long periods of time, kneel, twist, bend, reach, and lift at least 45 pounds
- Ability to work some evenings and weekends preferred
- Background checks cannot contain offenses restricted by state law

Salary Details: \$18.00-\$22.00/hour, additional for partner training. Opportunities for group exercise instruction are also available.

Benefits included:

- Discount on child care and other Y programs
- Facility privileges
- Flexible work schedule

Submit Resume and Cover Letter to: Tenille Fick, Member Engagement Director
7101 53rd Street. Kenosha, WI 53144
E-mail: tfick@kenoshaymca.org

The Y is a 501(c)(3) not-for-profit organization committed to youth development, healthy living and social responsibility.

The Kenosha YMCA (Young Men's Christian Association) is a 501(c)(3) charitable organization under the Internal Revenue Code, thereby qualifying for maximum deductibility. An audit report will be provided upon request.

