



POLICIES & GUIDELINES

Guest Services KENOSHA YMCA



EVERYONE IS WELCOME

The YMCA is a membership organization, welcoming people of all ages, races, ethnicities, religions, abilities and financial circumstances. Our programs embrace diversity, reflecting the needs and composition of the communities we serve.

GUEST POLICY

All guests are required to provide picture ID and sign our daily liability waiver for all visits.

YMCA CODE OF CONDUCT

The YMCA is committed to providing a positive atmosphere that is safe and inclusive to all in our community. In order to ensure this, we have adopted a code of conduct to govern the actions and behavior of all people while in our facilities while participating in our programs.

All individuals using the Kenosha YMCA facility are expected to conduct themselves in a manner consistent with the YMCA Core Values of caring, honesty, respect and responsibility. The Kenosha YMCA screens all members and guests against sex offender registries. Failure to follow policy may result in immediate dismissal from the premises and may result in suspension or termination of membership privileges.

YMCA HOURS

Monday to Friday: 5:00 am to 9:00 pm
Saturday 6:00 am to 5:00 pm
Sunday 9:00 am to 5:00 pm

LOCKERS AND TOWELS

Lockers are available for rental & daily use. We strongly encourage everyone to put a lock on your locker. Towels are \$2.00 for the general public. Locks may not be left on overnight unless it is a rented locker.

DISABILITIES

If you have a disability, need further assistance or more information, please contact the Kenosha YMCA at 262.654.9622 or fax us at 262.653.9886. You can also e-mail us at info@kenoshaymca.org.

A.W.A.Y

"Always Welcomed at YMCA's": When you become a member of the YMCA you become a member of a nationwide association of people that's for youth development, healthy living and social responsibility. When planning a trip away from home, visit www.ymca.net to find a YMCA in your destination location.

MULTI-MEDIA

YMCA programs and events are often photographed/videotaped for promotional purposes. If you do not wish to be included, please indicate this to the event and/or program staff. **The use of cell phones and other electronic devices is prohibited in all locker rooms, restrooms and on all equipment.**

LOST AND FOUND

The YMCA is not responsible for lost or stolen articles. Lost and Found items are kept at the Member Service Desk for 14 days and then donated to a charitable organization.

YMCA AGE GUIDELINES

In order to provide a safe and positive experience for the youth of our community, the following guidelines related to facility use by YMCA members and guests will apply. "Supervising individuals" are defined as persons 18 years or older.

FACILITY AGE GUIDELINES

The following general guidelines apply to all youth who are not participating in a supervised, structured program while in the facility. Youth ages 9 and under are required to be directly supervised at all times in same program area. Kids' Club is available to all members for free for children 6 weeks to 9 years old.

Youth ages 10 - 12 are required to be accompanied by a supervising individual who remains in the building. This individual does not have to be in the same area as the youth.

Youth ages 13 - 14 are not required to be accompanied by a supervising individual but need to have a signed membership youth permission form on file. They are still subject to the age policies for specific areas as outlined to the right. Orientation to the facility and equipment is strongly recommended.

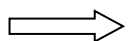
AGE GUIDELINES FOR SPECIFIC AREAS

Free Weight & Cardiovascular Areas

Youth 14 and older may use these areas without supervision. Youth ages 12-13 are required to complete the Youth Strength Training Class to use this area and need to be accompanied by a supervising individual who is actively monitoring the youth. Youth age 11 and under are not permitted in weight/cardiovascular areas. Appropriate attire is required gym or activity clothing and athletic shoes.

Pools (this applies to open/recreational swim times)

A parent or guardian must directly supervise children under the age of 9 at all times unless your child is a participant in a Y supervised program. Direct supervision: an adult is required to be in a swimsuit and in the water with the child at all times.



Parent of children between the ages of 10 and 14 are not required to directly supervise their child given that their child successfully completes a swim test (swimming in good form, one pool length) given by the lifeguard on duty. However, the parent or guardian must remain in the facility.

Whirlpool, Sauna & Steam Room

Children must be at least 15 years old to use these facilities.

Locker Rooms & Shower Facilities

Youth age 5 and over need to use the same gender locker room and be accompanied by a supervising individual.

Fitness Classes

Participants 14 years and older can register for classes. Youth ages 11-13 may participate with a supervising individual if they are willing and able to follow class structure.

FACILITY AREA	AGE LIMITS	OTHER REQUIREMENTS
Whole Facility	<ul style="list-style-type: none"> 9 & under, direct supervision 10-12, supervising individual in bldg. 13 & older, are allowed to be in the Y on their own 	13-14 has signed permission form on file
Free Weight & Cardiovascular Areas	<ul style="list-style-type: none"> 11 & under, may not use 12-13, can use 14, use w/o supervision 	12-13 take youth strength course
Pools	<ul style="list-style-type: none"> 9 & under, direct supervision 10-14, may be on their own 	all children are subject to swim test
Whirlpool, Sauna & Steam Room	<ul style="list-style-type: none"> 15 & older only 	
Locker Rooms & Showers	<ul style="list-style-type: none"> 5 & older, must use same gender locker room 	
My Place Youth Center	<ul style="list-style-type: none"> 5-7, must be direct supervision 8 & older, may be on their own 	orientation required prior to using
Fitness Classes	<ul style="list-style-type: none"> 11-13, direct supervision 14 & older, can participate 	



FACILITIES

- AEROBIC STUDIOS (3)
- CAFÉ
- COMMUNITY ROOM
- EARLY CHILDHOOD CLASSROOM
- FITNESS CENTER
 - Precor® Cardio Equipment
 - Free Motion® Strength Equipment
- LOCKER ROOMS
 - Men's w/ Whirlpool, Steam & Sauna
 - Women's w/ Whirlpool, Steam & Sauna
 - Family, Private Rooms w/ Showers
 - Pool Locker Rooms
- KIDS CLUB
 - w/ Outdoor Play Space
- MASSAGE THERAPY
- OUTDOOR SPORTS FIELDS
 - Soccer Field
 - Rotary Miracle Field
- GYMNASIUM
 - Two Full-Size High School Courts
 - Two Volleyball Courts
- RUNNING/WALKING TRACK
 - Indoor, 1/8 mile
 - Outdoor, 1/2 mile
- TWO INDOOR POOLS
 - Zero-Depth Warm Water Instructional
 - 8-Lane 25-yard Lap
 - Diving Board
- ROCK CLIMBING WALL
- TRAINING & COACHING
 - Personal/Fitness Training
 - Triathlon Coaching
 - Rockwall Coaching
 - Nutrition Training
- MY PLACE YOUTH CENTER
 - XR Bikes
 - 3-Kick
 - Wii
 - DDR
 - Ping Pong