



GYM SCHEDULE

MARCH 3 - MAY 4 2025

		5:00 - 8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30				
MONDAY	Court 1	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				ADVANCED PICKLEBALL				OPEN GYM				OPEN GYM				YOUTH BASKETBALL				OPEN GYM		
	Court 2	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				ADVANCED PICKLEBALL				OPEN GYM				OPEN GYM				YOUTH BASKETBALL				OPEN GYM		
	Court 3	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				ADVANCED PICKLEBALL				OPEN GYM				OPEN GYM				YOUTH BASKETBALL				OPEN GYM		
	Court 4	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				ADVANCED PICKLEBALL				OPEN GYM				OPEN GYM				YOUTH BASKETBALL				OPEN GYM		
TUESDAY	Court 1	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM		
	Court 2	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM		
	Court 3	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM		
	Court 4	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM		
WEDNESDAY	Court 1	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				INTRO TO PICKLEBALL				OPEN GYM				SUPER ALLSTARS				OPEN GYM				OPEN GYM		
	Court 2	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				INTRO TO PICKLEBALL				OPEN GYM				SUPER ALLSTARS				OPEN GYM				OPEN GYM		
	Court 3	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				INTRO TO PICKLEBALL				OPEN GYM				SUPER ALLSTARS				OPEN GYM				OPEN GYM		
	Court 4	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				INTRO TO PICKLEBALL				OPEN GYM				SUPER ALLSTARS				OPEN GYM				OPEN GYM		
THURSDAY	Court 1	OPEN GYM		TYKES	HOMESCHOOL PE		EASTER SEALS				** OPEN PICKLEBALL				OPEN GYM				OPEN VOLLEYBALL		INTRO TO SPORTS		YOUTH INDOOR SOCCER				OPEN GYM				
	Court 2	OPEN GYM		TYKES	HOMESCHOOL PE		EASTER SEALS				** OPEN PICKLEBALL				OPEN GYM				OPEN VOLLEYBALL		INTRO TO SPORTS		YOUTH INDOOR SOCCER				OPEN GYM				
	Court 3	OPEN GYM		TYKES	HOMESCHOOL PE		EASTER SEALS				** OPEN PICKLEBALL				OPEN GYM				OPEN VOLLEYBALL		INTRO TO SPORTS		YOUTH INDOOR SOCCER				OPEN GYM				
	Court 4	OPEN GYM		TYKES	HOMESCHOOL PE		EASTER SEALS				** OPEN PICKLEBALL				OPEN GYM				OPEN VOLLEYBALL		INTRO TO SPORTS		YOUTH INDOOR SOCCER				OPEN GYM				
FRIDAY	Court 1	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM						
	Court 2	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM						
	Court 3	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM						
	Court 4	OPEN GYM		TYKES PRE SCHOOL	EASTER SEALS				** OPEN PICKLEBALL				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM						
SATURDAY	Court 1	OPEN GYM		OPEN GYM																BASE		<p style="text-align: center;">WATER ONLY!</p> <p style="text-align: center;">NO OTHER FOOD</p> <p style="text-align: center;">OR DRINK IN THE</p> <p style="text-align: center;">GYM</p>									
	Court 2	OPEN GYM		OPEN GYM																BASE											
	Court 3	OPEN GYM		OPEN GYM																BASE											
	Court 4	OPEN GYM		OPEN GYM																BASE											
SUNDAY	Court 1	OPEN GYM		OPEN GYM																BASE		<p style="text-align: center;">WATER ONLY!</p> <p style="text-align: center;">NO OTHER FOOD</p> <p style="text-align: center;">OR DRINK IN THE</p> <p style="text-align: center;">GYM</p>									
	Court 2	OPEN GYM		OPEN GYM																BASE											
	Court 3	OPEN GYM		OPEN GYM																BASE											
	Court 4	OPEN GYM		OPEN GYM																BASE											

OPEN GYM
Open Gym Basketball is designed for free shoot around, or pickup games with close friends. Participants are required to bring their own ball.

US BANK FIELD HOUSE RULES:

- No dunking or hanging on rims
- RESPECT OTHERS! Foul language, fighting, rough play or trash talking WILL NOT be tolerated
- No Spitting
- No Horseplay
- Shirts must be worn at all times
- Clean, dry, non-marking athletic shoes only
- Coats, bags etc. should be kept in the locker room areas. Please remember to lock up your belongings and the YMCA is not responsible for lost or stolen items.
- Failure to follow rules will result in being asked to leave gym / possible loss of gym privileges

**** PICKLEBALL COURT 2 WILL NOT BE AVAILABLE ON DAYS WITH NO SCHOOL ** MAR 14, APR 4, APR 21-25**

APRIL 11 UNITE THE FIGHT 6:30-8:30PM
APRIL 12 BUNNY BREAKFAST 9:00 -12:00PM
APRIL 26 HEALTHY KIDS DAY 10:00-12:00PM
APRIL 29 BASKETBALL CLINIC 5:00-5:45PM

2/28/2025

***Gym schedule subject to change due to Fitness , Sports Classes and Events.**